

Place	Bib	Name	AG
1	374	Jacob Landers	Male 20-34
2	195	Ryan Hanley	Male 20-34
3	531	Zak Clemens	Male 16-19
4	317	Steve Reynolds	Male 35-39
5	424	Oliver Wright	Male 20-34
6	277	John McWilliams	Male 35-39
7	463	Mark Rea	Male 35-39
8	553	Tom Howell	Male 35-39
9	482	Andrew Martin	Male 40-44
10	249	Paul Whear	Male 50-54
11	287	Alex Marples	Male 40-44
12	412	Josh Karpinski	Male 35-39
13	484	Llewin Head	Male 16-19
14	569	Ross Pascoe	Male 20-34
15	141	Matt Yates	Male 20-34
16	402	Peter Sowerby	Male 55-59
17	464	Ken Walker	Male 45-49
18	368	Luke Attwood	Male 20-34
19	312	James Werren	Male 35-39
20	473	James Kirton	Male 20-34
21	10	Darren Roose	Male 40-44
22	530	Catherine O'Dwyer	Female 40-44
23	371	Charles Buscombe	Male 20-34
24	509	Peter Barnes	Male 35-39
25	390	Liam Gallantry	Male 20-34
26	387	Adrian Ball	Male 55-59
27	285	Robert Chirgwin	Male 20-34
28	483	Tony Wright	Male 55-59
29	381	Andrew Byatt	Male 40-44
30	334	Emma Stepto	Female 50-54
31	478	Jacob Gardner	Male 20-34
32	468	Richard Martin	Male 35-39
33	272	Neil Carter	Male 40-44
34	511	Ryan Moyle	Male 45-49
35	446	James Davies	Male 35-39
36	523	Kieran Murrant	Male 20-34
37	573	Matthew Robinson	Male 20-34
38	443	Sarah Hoskin	Female 35-39
39	429	Zelah Morrall	Female 50-54
40	570	Jonny Unwin	Male 20-34
41	297	Andrew Blizzard	Male 20-34
42	266	Andrew Key	Male 35-39
43	305	Glynn Edwards	Male 20-34
44	268	Matt Fox	Male 20-34
45	264	David Wilding	Male 45-49
46	182	Cadan Crowle	Male 20-34
47	533	Mike Dowrick	Male 45-49
48	501	Craig Knuckey	Male 50-54

49	537	Simon Knowles	Male 45-49
50	306	Kevin Edwards	Male 55-59
51	64	Danny Staples	Male 16-19
52	519	Gary Richards	Male 50-54
53	462	Maisy Luke	Female 16-19
54	326	Jo Temple	Female 20-34
55	423	Adrian Mutsaers	Male 50-54
56	488	Matt Harries	Male 20-34
57	335	Rosie Gibbons	Female 40-44
58	2	Paul Johnson	Male 35-39
59	439	Ralph Graves	Male 45-49
60	522	Jordan Frapwell	Male 20-34
61	154	Robin Watson	Male 55-59
62	214	Jon Eldon	Male 60-64
63	479	Carol Randall	Female 50-54
64	572	Mike Greer	Male 35-39
65	336	James Taylor	Male 35-39
66	536	Callum Pinch	Male 20-34
67	43	Clive Finimore	Male 45-49
68	448	Liam O'Neill	Male 20-34
69	108	Mathew Henderson	Male 20-34
70	347	Richard Chynoweth	Male 40-44
71	422	Andy Chase	Male 35-39
72	258	Arron Crowle	Male 20-34
73	465	Stuart Richards	Male 45-49
74	283	Chris Chirgwin	Male 35-39
75	230	Glynn Davis	Male 55-59
76	481	Leo Muid	Male 40-44
77	174	Andy Stallard	Male 55-59
78	48	Iain Walker	Male 65-69
79	321	Frazer Humbles	Male 35-39
80	139	Mark Sweeney	Male 55-59
81	307	Ian Temple	Male 55-59
82	349	Jonathan Berridge	Male 50-54
83	534	Adam Carlyon	Male 35-39
84	575	Benedicte Holtan Carter	Female 40-44
85	299	Jason Elliott	Male 45-49
86	251	Sharon Daw	Female 55-59
87	100	Melodie Manners	Female 20-34
88	291	Martin Davis	Male 60-64
89	516	Stella Gardener	Female 35-39
90	544	Hannah Matthews	Female 35-39
91	361	Mark Williams	Male 55-59
92	398	Luke Reed	Male 40-44
93	179	Revis Crowle	Female 60-64
94	103	Ross Lawry	Male 45-49
95	565	Alice Vage	Female 20-34
96	410	Grace Barratt	Female 20-34

97	209	Martyn Prouse	Male 45-49
98	259	Gregory May	Male 40-44
99	581	Peter Parker	Male 65-69
100	515	John Mitchell	Male 35-39
101	19	Amanda Hewitt	Female 45-49
102	499	Malcolm Roberts	Male 65-69
103	178	Geoff Letchford	Male 70-74
104	395	Stephen Gilks	Male 40-44
105	234	Katy Jenkins	Female 40-44
106	7	Kelly Woodfine-Beard	Female 40-44
107	517	Eve Hearle	Female 40-44
108	554	Joseph Stanford	Male 45-49
109	491	Jane Bremner	Female 65-69
110	476	Susanne Wood	Female 45-49
111	138	Peter Allen	Male 60-64
112	407	Derrick Frantz	Male 55-59
113	325	Andrew James	Male 40-44
114	469	Gemma Martin	Female 45-49
115	217	Peter Hammond	Male 50-54
116	460	Jenny Stephens	Female 20-34
117	323	Craig Varcoe	Male 20-34
118	550	Oli Nidds	Male 20-34
119	101	Debbie Harrison-Webb	Female 50-54
120	339	Lizzie Jenkins	Female 35-39
121	453	Beth Popperwell	Female 45-49
122	576	Hamid Khan	Male 45-49
123	440	Matthew Wilson	Male 45-49
124	562	Joshua Grieb	Male 20-34
125	451	Hannah Fox	Female 45-49
126	561	Chris Parker	Male 50-54
127	28	Marty Barnfield	Male 45-49
128	353	Paul Allan	Male 55-59
129	281	Lydia Franks	Female 20-34
130	532	Karen Harrison Pascoe	Female 50-54
131	280	Andrea Commons	Female 50-54
132	275	Michael Counter	Male 55-59
133	556	Zack Hill	Male 20-34
134	419	Martin Hynes	Male 65-69
135	528	Thomas Moore	Male 40-44
136	315	Corinne Gerrard	Female 50-54
137	541	Gavin Rutledge	Male 20-34
138	551	Lia Foreman	Female 20-34
139	411	Thomas Downes	Male 20-34
140	114	Eleanor Ellison	Female 65-69
141	373	Natasha Stevens	Female 45-49
142	420	Gemma Vivian	Female 20-34
143	181	Philip Johns	Male 20-34
144	406	Emma Lydon	Female 45-49

145	540	Martha Carlisle	Female 20-34
146	308	Alison Temple	Female 55-59
147	560	Katie Robinson	Female 20-34
148	498	Grahame Mace	Male 45-49
149	529	Ellen Jones	Female 20-34
150	47	Steve Mildenhall	Male 45-49
151	547	Terence Venter	Male 20-34
152	144	Sarah Wilkinson	Female 60-64
153	340	Gareth Perry	Male 40-44
154	265	Wayne Lawry	Male 50-54
155	559	Jaine Hynes	Female 55-59
156	413	Andrew Ferguson	Male 55-59
157	320	Lisa Player	Female 60-64
158	75	Claire Mildenhall	Female 45-49
159	405	Claire Winfield	Female 50-54
160	574	Alan Barber	Male 55-59
161	437	Sarah Myford	Female 55-59
162	262	Debbie Mitchell	Female 45-49
163	318	Joe Beer	Male 50-54
164	502	Frazer Mountford	Male 40-44
165	9	Mick Davison	Male 50-54
166	392	Joanna Marcinekova	Female 40-44
167	480	Harry Randall	Male 20-34
168	92	Lisa Talling	Female 50-54
169	568	Karl Walker	Male 60-64
170	113	Ashley Gates	Male 20-34
171	582	Joel McCrystal	Male 50-54
172	506	Joanne Tapsell	Female 45-49
173	104	Meryl Elstone	Female 50-54
174	471	Anthony Burrows	Male 55-59
175	74	Isabel Irwin-Bowler	Female 20-34
176	149	Hannah Smith	Female 20-34
177	438	Brian Wiles	Male 75-79
178	130	Miranda Flannigan	Female 50-54
179	177	Lee Evans	Male 45-49
180	241	Helen Stevenson	Female 35-39
181	472	Jon Mitchell	Male 50-54
182	338	Darren Hardwick	Male 55-59
183	513	Tanya Coleman	Female 50-54
184	293	Luke Ball-Hymns	Male 20-34
185	441	Mandy Watts	Female 50-54
186	489	Neil Gray	Male 50-54
187	425	Adrian Henwood	Male 45-49
188	367	Stephen Hutchinson	Male 70-74
189	520	Carl Williams	Male 45-49
190	563	Karina Bowers	Female 40-44
191	505	Daisy Booker	Female 20-34
192	332	Marlene Grobler	Female 40-44

193	69	Joanne Barry	Female 45-49
194	496	Matthew Wild	Male 20-34
195	151	Martin Grieb	Male 45-49
196	90	Sophie Talling	Female 20-34
197	191	Tracey Nicholls	Female 55-59
198	445	Samuel McQuigg	Male 50-54
199	426	C Henwood Henwood	Female 45-49
200	300	Amanda Munslow	Female 20-34
201	359	Tristan Lang	Male 45-49
202	274	Martin Gregory	Male 55-59
203	521	Hannah Wright	Female 35-39
204	494	Val Carter	Female 55-59
205	1	John Beard	Male 40-44
206	67	Neil Ham	Male 55-59
207	497	Satnam Basram	Male 60-64
208	324	Jennifer Forbes	Female 35-39
209	431	Mitch Singer	Male 40-44
210	408	Sarah Ryan	Female 40-44
211	161	Andy Moore	Male 60-64
212	546	Brett Stepto	Male 45-49
213	341	Lyndsey Retallick	Female 35-39
214	252	Chunky (Antony) Penhaul	Male 70-74
215	525	Sam Murray	Female 55-59
216	110	Jackie Cope	Female 65-69
217	449	Wietske Hansen	Female 55-59
218	200	Katie Bullock	Female 35-39
219	393	Trevor Lee	Male 60-64
220	380	Holly Byatt	Female 20-34
221	63	Kirsty Clayton	Female 45-49
222	352	Jo Bales	Female 40-44
223	223	Ritchie Richardson	Male 55-59
224	535	Becky Andrews	Female 40-44
225	201	Richard Collett	Male 35-39
226	180	Robert Kernaghan	Male 50-54
227	366	Angeline Hadfield	Female 35-39
228	311	Katrina Werren	Female 35-39
229	566	Nicola Edwards	Female 40-44
230	207	Georgia Witchell	Female 50-54
231	555	Karen Parker	Female 55-59
232	228	Linda Cuff	Female 55-59
233	14	Tracy Mckenzie	Female 40-44
234	162	Tamzin Davey	Female 50-54
235	136	Louise Cooke-Davies	Female 50-54
236	490	Mike Lemin	Male 60-64
237	76	Max Burrows	Male 60-64
238	514	Fiona Gamble	Female 35-39
239	348	Amanda Berridge	Female 40-44
240	485	Lewis Edwards	Male 35-39

241	344	Lisa Wilson	Female 45-49
242	286	Neill Furlonger	Male 35-39
243	288	Jane Stedman	Female 55-59
244	62	Ruth Avery	Female 45-49
245	346	Kayleigh Stott	Female 35-39
246	427	James Danks	Male 40-44
247	123	Bryony Halliday	Female 20-34
248	458	Izzy Cook	Female 16-19
249	539	Jamie Dodds	Male 20-34
250	164	Gail Cory	Female 50-54
251	358	Ian Savigar	Male 55-59
252	345	Kate Stevens	Female 45-49
253	487	Dawn Diprose	Female 55-59
254	271	Janet Ritchie	Female 60-64
255	447	Jean Cutlan	Female 55-59
256	189	Lorraine Brown	Female 50-54
257	578	Katie Wadeson	Female 20-34
258	579	Lauren Pattison	Female 20-34
259	350	Juliet Stewart	Female 55-59
260	558	Camellia Bullingham	Female 20-34
261	329	Geraldine Hyslop	Female 65-69
262	577	Carol Wadeson	Female 50-54
263	384	Richard May	Male 55-59
264	507	Ashley Holt	Female 20-34
265	153	Sharon Chapman	Female 50-54
266	129	John Barnes	Male 60-64
267	279	Clare Mclellan	Female 45-49
268	184	Nick Miles	Male 65-69
269	36	Julie Oxenham	Female 45-49
270	310	Kerri Rowe	Female 40-44
271	391	Caroline Cross	Female 20-34
272	137	Judy Gluyas	Female 55-59
273	147	Nicky Brenton	Female 50-54
274	38	Francis Vosper	Male 60-64
275	399	Michelle Kanes	Female 35-39
276	526	Sarah Eriksson	Female 50-54
277	278	Gillian Onley	Female 55-59
278	18	Sally Fletcher	Female 55-59
279	301	Richard Jenkin	Male 75-79
280	372	Phillip Henwood	Male 45-49
281	203	Thomas Grafton	Male 45-49
282	71	Sarah Booker	Female 50-54
283	538	Will Rowe	Male 20-34
284	542	Jennifer Buckland	Female 50-54
285	109	Donna Fisher	Female 35-39
286	417	Claire Fisher	Female 20-34
287	432	Stephen Bailey	Male 40-44
288	204	Sarah Steed	Female 45-49

289	98	Trevor Cornish	Male 55-59
290	330	Jane Pett	Female 45-49
291	567	Daniela Walker	Female 45-49
292	337	Morwenna Paterson	Female 45-49
293	466	Jeanette Turpin	Female 45-49
294	400	Emma Alee	Female 40-44
295	450	Margaret Clark	Female 60-64
296	13	Claire Barlow	Female 45-49
297	475	Alan Brandwood	Male 70-74
298	224	Louise Richardson	Female 45-49
299	152	John Tilley	Male 70-74
300	198	Diana Raiker	Female 20-34
301	518	Susan Rescorl	Female 60-64
302	227	Alison Cox	Female 55-59
303	298	Simon James	Male 50-54
304	55	Robert Willcocks	Male 60-64
305	31	David Wilton	Male 65-69
306	435	Leah Jenkins	Female 20-34
307	434	Toby Manfield	Male 20-34
308	213	Dave Lean	Male 60-64
309	87	Nikki Pritchard	Female 40-44
310	378	Martine Hill	Female 45-49
311	21	Des Evans	Male 70-74
312	77	Theresa Clark	Female 55-59
313	379	Linda Tout	Female 70-74
314	116	Ian Ringer	Male 75-79
315	564	Wendy Lowe	Female 65-69
316	493	Eoin Stockdale	Male 50-54
317	190	Andrew Brown	Male 55-59
318	457	Damian Cook	Male 50-54
319	171	Janet Watson	Female 65-69
320	294	Alan Byron	Male 50-54
321	68	Julie Cypher	Female 45-49
322	34	Melanie Nile	Female 45-49
323	99	Jo Craddock	Female 50-54
324	492	Ray Goodright	Male 75-79
325	70	Jennifer Lawson	Female 55-59
326	459	Shona Mullen	Female 55-59
327	226	Samantha Ewart	Female 45-49
328	383	Daniel Varcoe	Male 35-39
329	401	Jasmine Robinson	Female 20-34
330	35	Kathryn Marsh	Female 45-49
331	409	Darren Blenkinsop	Male 50-54
332	240	Julie Hogan	Female 55-59
333	29	Emma Lawry	Female 45-49
334	327	Nicky Sowerby	Female 55-59
335	5	Rebecca Shore	Female 50-54
336	290	David Ingram	Male 50-54

337	81	Mary Mullarkey	Female 70-74
338	231	Judy Jameson	Female 60-64
339	454	Sandra Haynes	Female 55-59
340	455	Tamsyn McGrane	Female 40-44
341	456	Dale Clarke	Male 50-54
342	548	Mark Squire	Male 65-69
343	73	Jennifer Burden	Female 40-44
344	477	Sarah Douglas	Female 40-44
345	316	Claire Stone	Female 35-39
346	580	Paula Osborne	Female 45-49
347	543	Aileen Barwell	Female 60-64
348	276	Michaela Harrison	Female 40-44
349	170	Sarah Choak	Female 50-54
350	284	Lucy Dawe	Female 20-34
351	11	Helen Cattran	Female 55-59
352	527	Susan Thomas	Female 45-49
353	245	Peter Middlehurst	Male 70-74
354	428	Karen Warner	Female 55-59
355	168	Theresa Williams	Female 60-64
356	88	Margaret Wade	Female 70-74
357	84	Kathy Saunders	Female 65-69
358	549	Helen Squire	Female 55-59
359	61	Helen Staples	Female 45-49
360	508	Michelle Dunn	Female 35-39
361	216	Tim Cutlan	Male 50-54
362	135	Wendy Williams	Female 60-64
363	328	Jeremy Booker	Male 50-54
364	342	James Penhaligon	Male 35-39
365	461	Natalie Blewett	Female 40-44
366	115	Peter Middleton	Male 65-69
367	255	Christine Todd	Female 60-64
368	83	Catherine Trerise	Female 50-54
369	430	Lesley Taphouse	Female 60-64
370	486	Victoria Hall	Female 45-49
371	504	Bryan King	Male 65-69
372	155	Gregg Norton	Male 40-44
373	314	Deborah Peters	Female 45-49
374	503	Louise King	Female 55-59
375	500	Lisa Light	Female 60-64
376	442	Ann Foster	Female 70-74
377	173	Fiona Russell	Female 55-59
378	159	Julie Bolitho	Female 55-59
379	206	Samantha Hunkin	Female 50-54
380	414	Claire Payne	Female 50-54
381	222	Jackie Stone	Female 55-59
382	85	Timothea Cardell	Female 80-84
383	197	Jane Naylor	Female 60-64
384	474	Georgina Purvis	Female 45-49

385	112	Amy Gates	Female 20-34
386	37	Jacqui Martin	Female 50-54
387	295	Steph Hancock	Female 45-49
388	545	Sarah Howard	Female 45-49
389	510	Sarah Hardy	Female 40-44
390	313	Angela Harrison	Female 60-64
391	169	Michael Wooding	Male 75-79
392	303	Amy Shackelford	Female 35-39
393	273	Julie Gregory	Female 50-54
394	236	Rachael Staff	Female 45-49
395	233	Beverley Talbot	Female 55-59
396	385	Sarah Luff	Female 40-44
397	304	Dennis Burrell	Male 75-79
398	365	Nicola Bray	Female 45-49
399	267	Lisa Vercoe	Female 50-54
400	375	Rosie Trevains	Female 35-39
401	376	David Banbury	Male 55-59
402	20	Tim Hancock	Male 45-49
403	54	Janet Wills	Female 70-74
404	86	Lorraine Wherry	Female 55-59
405	552	Jane Shaddick-Brady	Female 60-64
406	418	Sharon Worden	Female 40-44
407	433	Yvonne Matthews	Female 55-59
408	436	Linda Godfrey	Female 65-69
409	53	Diane Walker	Female 55-59
410	33	Sean Taylor	Male 55-59
411	377	Emma Kent	Female 40-44
412	452	Angela Lanaway	Female 55-59
413	126	Charlotte Richards	Female 45-49
414	360	Soraya Williams	Female 60-64
415	444	Rachel Bate	Female 35-39
416	355	Roy Newton	Male 75-79
417	166	Andrea Jackson	Female 50-54
418	50	Kathryn Thomas	Female 45-49
419	175	Madeleine Blight	Female 65-69
420	292	Victoria Walton	Female 45-49
421	163	Michelle-Sarah Kitney-Baker	Female 45-49
422	512	Sandra Shelley	Female 55-59
423	22	Tracey Radley	Female 50-54
424	44	Zoe Hunt	Female 45-49
425	118	David Garrard	Male 75-79
426	254	Jacque Pascoe	Female 65-69
427	15	Lesley Pallett	Female 55-59
428	91	Donna Dark	Female 20-34
429	82	Sharon Peake	Female 55-59
430	160	Robert Bolitho	Male 60-64
431	364	Michele Steabler	Female 60-64
432	557	Hana Griffiths	Female 35-39

433	289	Sue Coates	Female 45-49
434	220	Emma Johns	Female 45-49
DNF	571	Ben Foyle	Male 16-19

Club	Chip Time
Tamar Trotters	0:34:17
Cornwall AC	0:35:05
Cornwall AC	0:35:30
Truro Running Club	0:36:14
Cornwall AC	0:36:41
Mile High	0:36:55
Cornwall AC	0:37:05
Mile High	0:37:11
Mile High	0:37:17
Cornwall AC	0:37:28
Truro Running Club	0:37:46
Newquay Road Runners	0:37:59
Mile High	0:38:03
Cornwall AC	0:38:09
Cornwall AC	0:38:28
Truro Running Club	0:38:31
Newquay Road Runners	0:38:35
Tamar Trotters	0:38:38
	0:38:48
Truro Running Club	0:38:56
Newquay Road Runners	0:38:58
Cornwall AC	0:39:00
Newquay Road Runners	0:39:05
Hayle Runners	0:39:18
East Cornwall Harriers	0:39:32
Cornwall AC	0:39:38
Truro Running Club	0:39:43
Cornwall AC	0:40:04
	0:40:12
Cornwall AC	0:40:17
Hayle Runners	0:40:22
St Austell Running Club	0:40:22
Newquay Road Runners	0:40:21
Mile High	0:40:28
Truro Running Club	0:40:32
Hayle Runners	0:40:36
Cornwall AC	0:40:34
Mile High	0:40:40
Cornwall AC	0:40:49
	0:40:52
Truro Running Club	0:40:59
Carn Runners	0:41:25
Lonely Goat RC	0:41:28
Cornwall AC	0:41:42
Hayle Runners	0:41:49
East Cornwall Harriers	0:41:50
Cornwall AC	0:41:55
Cornwall AC	0:42:05

Hayle Runners	0:42:08
Tamar Trotters	0:42:30
Cornwall AC	0:42:29
Cornwall AC	0:42:30
Cornwall AC	0:42:38
Truro Running Club	0:42:40
Mile High	0:42:44
Tamar Trotters	0:42:55
Cornwall AC	0:43:22
St Austell Running Club	0:43:22
Truro Running Club	0:43:30
Newquay Road Runners	0:43:37
Falmouth Road Runners	0:43:46
Hayle Runners	0:43:56
Cornwall AC	0:44:07
St Austell Running Club	0:44:06
Cornwall AC	0:44:13
Truro Running Club	0:44:12
Looe Pioneers Running Club	0:44:21
Hayle Runners	0:44:34
St Austell Running Club	0:44:47
Truro Running Club	0:44:59
St Austell Athletes Running Club	0:45:04
East Cornwall Harriers	0:45:07
St Austell Running Club	0:45:09
Truro Running Club	0:45:10
Carn Runners	0:45:17
Falmouth Road Runners	0:45:21
Truro Running Club	0:45:28
St Austell Running Club	0:45:27
Hayle Runners	0:45:37
St Austell Running Club	0:45:44
Bodmin Road Runners	0:45:41
Truro Running Club	0:45:43
Truro Running Club	0:45:42
Launceston Road Runners	0:45:50
Newquay Road Runners	0:46:08
East Cornwall Harriers	0:46:13
Hayle Runners	0:46:27
Newquay Road Runners	0:46:34
Newquay Road Runners	0:46:39
East Cornwall Harriers	0:46:48
Hayle Runners	0:46:50
Newquay Road Runners	0:46:54
East Cornwall Harriers	0:46:57
St Austell Running Club	0:46:57
Cornwall AC	0:46:56
Newquay Road Runners	0:47:06

PB Running Club	0:47:13
Carn Runners	0:47:08
	0:47:28
	0:47:32
Cornwall AC	0:47:37
St Austell Running Club	0:47:45
Cornwall AC	0:47:45
	0:47:39
Truro Running Club	0:48:00
Newquay Road Runners	0:48:09
Newquay Road Runners	0:48:13
Truro Running Club	0:48:13
Tamar Trotters	0:48:10
Cornwall AC	0:48:12
Newquay Road Runners	0:48:23
Cornwall AC	0:48:24
Hayle Runners	0:48:29
	0:48:31
Cornwall AC	0:48:40
Cornwall AC	0:48:36
	0:48:47
Carn Runners	0:48:43
Hayle Runners	0:48:53
	0:48:54
Mile High	0:49:05
ABRAS	0:49:12
Cornwall AC	0:49:08
Newquay Road Runners	0:49:08
Mile High	0:49:23
Falmouth Road Runners	0:49:25
Bodmin Road Runners	0:49:27
Hayle Runners	0:49:23
Newquay Road Runners	0:49:30
Cornwall AC	0:49:38
	0:49:34
St Austell Running Club	0:49:40
Cornwall AC	0:49:48
Launceston Road Runners	0:50:11
Truro Running Club	0:50:07
Hayle Runners	0:50:34
	0:50:31
Hayle Runners	0:50:28
	0:50:42
Newquay Road Runners	0:50:54
Bodmin Women's RC	0:51:00
Hayle Runners	0:51:00
Hayle Runners	0:51:03
	0:51:07

Cornwall AC	0:51:03
Bodmin Road Runners	0:51:07
Falmouth Road Runners	0:51:12
Looe Pioneers Running Club	0:51:13
Cornwall AC	0:51:19
Newquay Road Runners	0:51:30
	0:51:34
Newquay Road Runners	0:51:34
St Austell Running Club	0:51:31
Carn Runners	0:51:27
Launceston Road Runners	0:51:39
	0:51:43
Newquay Road Runners	0:51:46
Newquay Road Runners	0:51:50
Launceston Road Runners	0:51:56
Geelong Cross Country Club & Ocean Grove Harriers	0:52:01
Bodmin Road Runners	0:52:05
Hayle Runners	0:52:08
Hayle Runners	0:52:08
Newquay Road Runners	0:52:17
Newquay Road Runners	0:52:13
Cornwall AC	0:52:16
	0:52:25
Newquay Road Runners	0:52:27
St Austell Running Club	0:52:34
St Austell Running Club	0:52:45
	0:52:45
Bodmin Women's RC	0:52:52
Carn Runners	0:52:49
Hayle Runners	0:52:51
St Austell Running Club	0:52:53
Hayle Runners	0:52:58
Launceston Road Runners	0:53:19
Cornwall AC	0:53:25
	0:53:18
Bodmin Road Runners	0:53:12
Cornwall AC	0:53:31
Looe Pioneers Running Club	0:53:32
Truro Running Club	0:53:39
Newquay Road Runners	0:53:58
Newquay Road Runners	0:54:05
	0:54:13
	0:54:06
Bude Rats (Run and Tri)	0:54:10
	0:54:22
St Austell Running Club	0:54:26
Falmouth Road Runners	0:54:26
Carn Runners	0:54:23

JP Fitness Cornwall	0:54:28
JP Fitness Cornwall	0:54:36
Newquay Road Runners	0:54:51
Newquay Road Runners	0:54:52
Cornwall AC	0:54:59
St Austell Running Club	0:54:56
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Truro Running Club	0:55:14
Looe Pioneers Running Club	0:55:18
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Newquay Road Runners	0:55:26
JP Fitness Cornwall	0:55:37
Cornwall AC	0:55:42
Hayle Runners	0:55:38
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Newquay Road Runners	0:56:00
Hayle Runners	0:56:05
Cornwall AC	0:56:20
PB Running Club	0:56:09
Hayle Runners	0:56:20
Hayle Runners	0:56:33
Falmouth Road Runners	0:56:38
Carn Runners	0:56:42
Newquay Road Runners	0:56:45
Truro Running Club	0:56:49
	0:56:36
PB Running Club	0:56:48
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Bodmin Road Runners	0:57:07
Truro Running Club	0:56:56
Hayle Runners	0:57:11
Looe Pioneers Running Club	0:57:15
Truro Running Club	0:57:13
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Newquay Road Runners	0:57:29
Falmouth Road Runners	0:57:41
Falmouth Road Runners	0:57:42
Looe Pioneers Running Club	0:57:22
Newquay Road Runners	0:57:36
Cornwall AC	0:57:41
Newquay Road Runners	0:57:59
Tamar Trotters	0:58:00
Falmouth Road Runners	0:58:03
Hayle Runners	0:58:06
Truro Running Club	0:57:59
Cornwall AC	0:57:58

Truro Running Club	0:58:25
	0:58:37
Bodmin Road Runners	0:58:30
JP Fitness Cornwall	0:58:42
PB Running Club	0:58:36
Falmouth Road Runners	0:58:43
Cornwall AC	0:58:51
Bys Vyken Race Team	0:58:43
	0:58:42
East Cornwall Harriers	0:58:51
East Cornwall Harriers	0:59:11
St Austell Running Club	0:59:08
East Cornwall Harriers	0:59:01
Carn Runners	0:59:37
St Austell Athletes Running Club	0:59:39
Truro Running Club	0:59:41
	0:59:57
St Austell Athletes Running Club	0:59:51
Truro Running Club	1:00:06
Truro Running Club	1:00:05
Falmouth Road Runners	1:00:12
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Carn Runners	1:00:38
Newquay Road Runners	1:00:36
Launceston Road Runners	1:00:47
	1:00:41
Newquay Road Runners	1:00:58
Bodmin Road Runners	1:00:36
Bodmin Road Runners	1:00:37
Cornwall AC	1:00:39
East Cornwall Harriers	1:00:48
Bodmin Road Runners	1:00:53
Bodmin Road Runners	1:00:52
Newquay Road Runners	1:01:12
Newquay Road Runners	1:01:13
Cornwall AC	1:01:25
St Austell Running Club	1:01:14
Cornwall AC	1:01:18
Newquay Road Runners	1:01:29
Truro Running Club	1:01:20
Falmouth Road Runners	1:01:31
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Hayle Runners	1:01:29
Newquay Road Runners	1:01:34
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East Cornwall Harriers	1:01:33

Hayle Runners	1:01:56
JP Fitness Cornwall	1:02:20
St Austell Running Club	1:02:23
JP Fitness Cornwall	1:02:21
East Cornwall Harriers	1:02:35
Plymouth Musketeers Running Club	1:02:35
Hayle Runners	1:02:58
Bodmin Road Runners	1:02:55
Falmouth Road Runners	1:03:06
Bodmin Road Runners	1:03:07
Bodmin Road Runners	1:03:07
Falmouth Road Runners	1:03:26
Bodmin Women's RC	1:03:26
Bodmin Women's RC	1:03:26
Cornwall AC	1:03:47
Falmouth Road Runners	1:03:54
Falmouth Road Runners	1:03:58
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East Cornwall Harriers	1:03:54
East Cornwall Harriers	1:04:01
Newquay Road Runners	1:03:56
Newquay Road Runners	1:04:32
Hayle Runners	1:04:25
Tamar Trotters	1:04:30
Bodmin Road Runners	1:04:50
Bodmin Women's RC	1:04:42
Carn Runners	1:04:39
Truro Running Club	1:04:56
Bys Vyken Race Team	1:05:08
Carn Runners	1:05:18
Newquay Road Runners	1:05:30
St Austell Running Club	1:05:19
St Austell Running Club	1:05:27
St Austell Running Club	1:05:39
East Cornwall Harriers	1:05:35
Newquay Road Runners	1:06:06
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St Austell Running Club	1:05:54
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Plymouth Musketeers Running Club	1:06:01
Carn Runners	1:06:28
Tamar Trotters	1:06:27
East Cornwall Harriers	1:06:18
St Austell Running Club	1:06:38
Truro Running Club	1:06:38
St Austell Running Club	1:06:50
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East Cornwall Harriers	1:06:55
Carn Runners	1:07:28
Looe Pioneers Running Club	1:07:27
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Hayle Runners	1:07:46
St Austell Running Club	1:07:50
St Austell Running Club	1:08:08
Hayle Runners	1:08:40
PB Running Club	1:09:05
Falmouth Road Runners	1:09:16
Plymouth Harriers	1:09:27
Carn Runners	1:09:28
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Hayle Runners	1:09:52
Hayle Runners	1:09:52
Newquay Road Runners	1:10:02
Newquay Road Runners	1:10:37
St Austell Running Club	1:10:25
Carn Runners	1:10:45
Looe Pioneers Running Club	1:10:34
Hayle Runners	1:10:43
Carn Runners	1:10:50
St Austell Running Club	1:11:17
St Austell Athletes Running Club	1:11:29
JP Fitness Cornwall	1:11:33
Falmouth Road Runners	1:11:32
Newquay Road Runners	1:11:44
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St Austell Running Club	1:11:25
St Austell Running Club	1:11:25
Cornwall AC	1:11:37
Bodmin Road Runners	1:11:38
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Plymouth Musketeers Running Club	1:11:51
St Austell Running Club	1:11:49
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Plymouth Musketeers Running Club	1:11:56
Plymouth Musketeers Running Club	1:11:56
Tamar Trotters	1:12:10
Truro Running Club	1:12:18
Hayle Runners	1:12:29
East Cornwall Harriers	1:12:27
Carn Runners	1:13:18
Hayle Runners	1:13:49
Hayle Runners	1:13:50
Hayle Runners	1:13:58
Truro Running Club	1:13:55

St Austell Running Club	1:14:17
St Austell Running Club	1:14:18
St Austell Running Club	1:14:19
Cornwall AC	1:14:43
Bodmin Women's RC	1:14:54
Looe Pioneers Running Club	1:15:10
Newquay Road Runners	1:15:31
Bys Vyken Race Team	1:15:26
Looe Pioneers Running Club	1:15:22
St Austell Running Club	1:15:29
St Austell Running Club	1:15:29
JP Fitness Cornwall	1:15:43
Carn Runners	1:16:05
JP Fitness Cornwall	1:16:00
St Austell Running Club	1:16:16
Bodmin Women's RC	1:16:47
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St Austell Running Club	1:16:52
St Austell Running Club	1:17:00
St Austell Running Club	1:16:50
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JP Fitness Cornwall	1:17:33
Bys Vyken Race Team	1:17:24
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St Austell Running Club	1:18:06
Bodmin Road Runners	1:21:32
Newquay Road Runners	1:21:45
Bodmin Women's RC	1:21:55
Cornwall AC	1:22:07
Hayle Runners	1:22:16
JP Fitness Cornwall	1:23:15
Falmouth Road Runners	1:23:17
Falmouth Road Runners	1:23:23
Cornwall AC	1:23:50
St Austell Running Club	1:24:14
PB Running Club	1:24:17
PB Running Club	1:24:18
Carn Runners	1:24:14
Carn Runners	1:24:16
Carn Runners	1:24:15
Falmouth Road Runners	1:24:43
JP Fitness Cornwall	1:25:09
St Austell Running Club	1:26:00
Hayle Runners	1:26:43
Bodmin Women's RC	1:27:45
Hayle Runners	1:29:54
JP Fitness Cornwall	1:35:46
JP Fitness Cornwall	1:35:46

Bys Vyken Race Team	1:40:14
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Cornwall AC	

Gun Time
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