

Newquay Road Runners

Penguin Challenge

Leg 5: St Columb Major (2.9 miles)

Trebudannon to Trenoweth Manor Farm, Nr Talskiddy.



Road

Please do not park in the farm entrance.

- Stand on the triangle and face the postbox. Follow this road towards St Columb.
- Cross the weight restricted bridge at the bottom of the hill, head up the other side and then just after you pass 'Larkrise' on the right, take the left turn (dead end).
- At the end of the dead end there is a pathway up to the main road. Cross over and head towards St Columb.
- At the bus stop turn right then immediately left. Follow this road down through town and pass Co-Op on your left.
- After approx 200m fork left towards St Mawgan.
- Follow this road up the hill, pass the Talskiddy turning on your right and Trenoweth Manor Farm will be on your left.