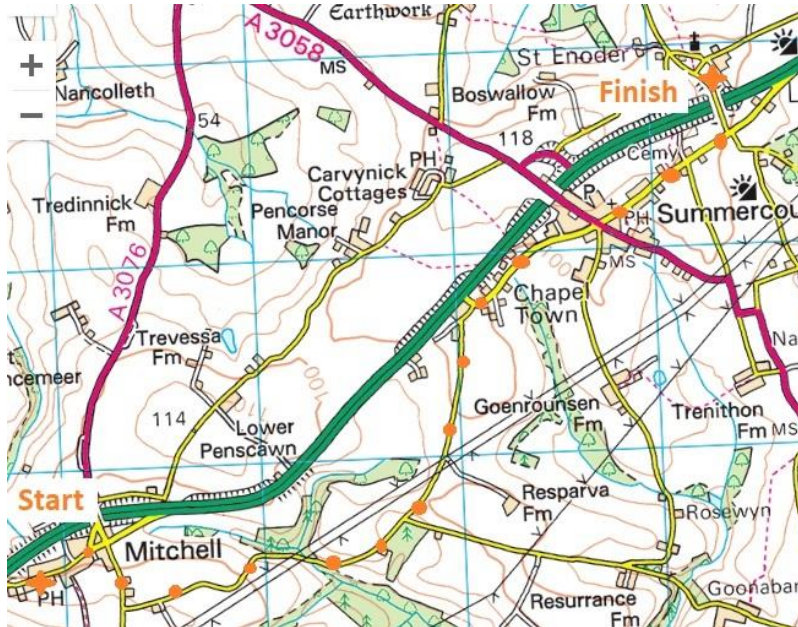


## Newquay Road Runners

### *Penguin Challenge*

#### Leg 3: Alternative A30 (3.5 miles)

#### Mitchell to St Enoder



#### Road

- Start at the turning circle at the end of the village.
- Pass the pub with it on your right.
- Take the right turn just after the bus stop.
- After approx 350m turn left.
- At the end of the road turn left towards Summercourt.
- Bear right, pass the large car park on your left then turn right.
- After approx 750m go straight over the main crossroads.
- After another 750m turn left and cross the bridge over the A30.
- This leg finishes when you reach the right turning towards the church.