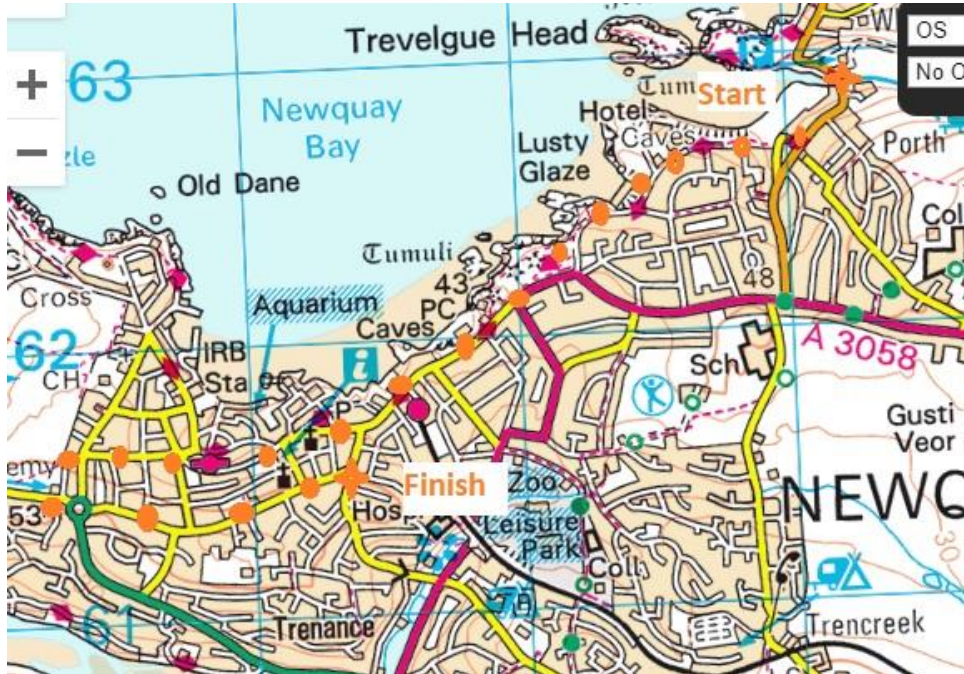# Penguin Challenge
Leg 12: Newquay Town (3.3 miles)
Mermaid Inn, Porth to Mount Wise/Berry Rd Lights.

Road & Coast Path

- Run up the hill towards Newquay.
- After approx 250m turn right onto Porth Beach Rd.
- Join the coast path on your right and head towards Lusty Glaze. The coast path then joins Lusty Glaze Rd, follow this until you can take the coast path again.
- Rejoin the road at Narrowcliff, run along here and then along Cliff Road, East St & Manor Rd.
- At the end of Manor Rd turn right, then left onto Crantock St, run along here and on to Atlantic Rd.
- Follow Atlantic Rd around and turn left at the end.
- Go straight over the roundabout and run along Mount Wise until you reach the main traffic lights with Berry Rd.