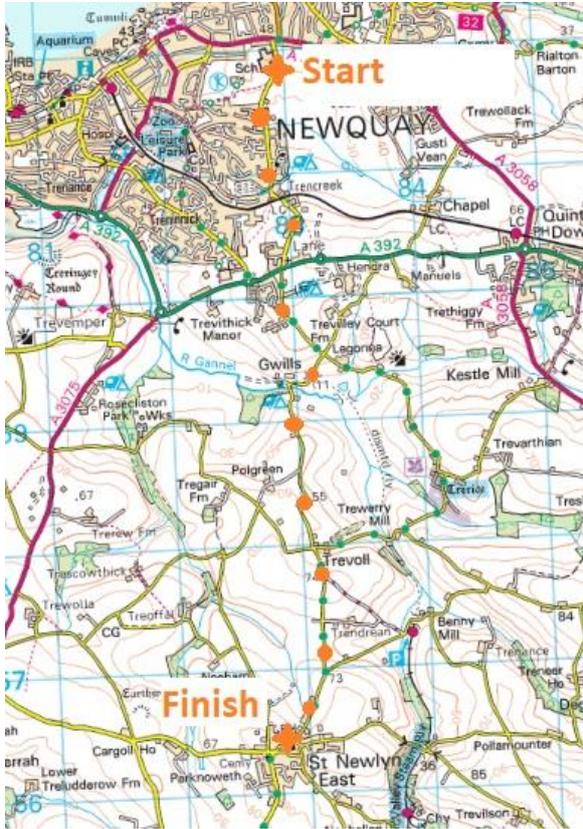


# Newquay Road Runners

## *Penguin Challenge*

### Leg 1: Gannel Valley (4 miles)



Sports Centre to St Newlyn East.

All Road

- Start at the front of the Sports Centre, take the footpath past The Orchard, coming out just below Tretherras School.
- From Tretherras head down the road towards Trencreek and continue until you meet the A392.
- Cross the main road and head towards Trevice for approx 800m until you reach a cross roads.
- Turn right at the cross roads towards St Newlyn East.
- At the end of this road turn right towards St Newlyn East.
- Follow this road into St Newlyn East until you reach The Pheasant Inn on your right.
- Bear left directly opposite the pub.
- This leg finishes when you reach the Church gates on your left.